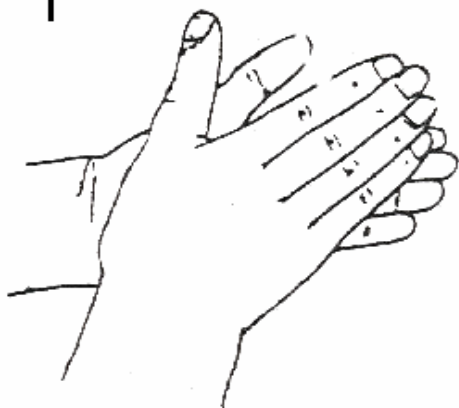


Hand Washing Guide

FOR SAFE AND EFFECTIVE HAND HYGIENE:

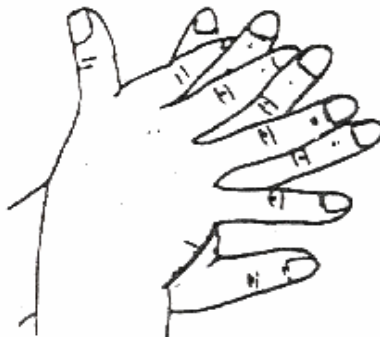
Rinse Under Running Water - Dry Your Hands Thoroughly - Keep Your Nails short

1



Massage palm to palm.

2



Rub right palm over left dorsum and vice versa.

3



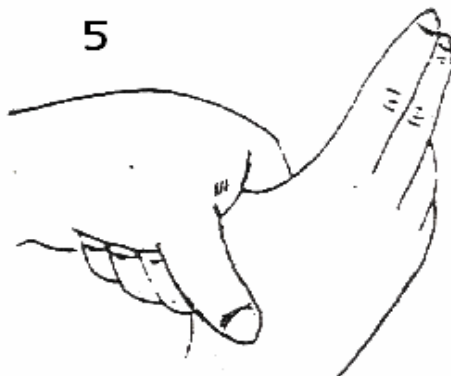
Rub palm to palm with fingers interlaced.

4



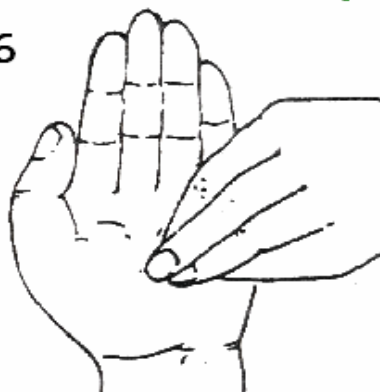
Massage backs of fingers in opposing palm with fingers interlocked.

5



Rotate right thumb clasped in left palm and vice versa.

6



Rotate fingers of left hand in right palm and vice versa.

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